

# When Should Children Stay Home From School?



## When the Child:

- ◆ Seems ill
- ◆ Is not able to comfortably participate in school activities



- ◆ Is sweaty (when the weather is not hot)
- ◆ Has a fever



- ◆ Coughs or sneezes more than usual
- ◆ Has pain in ears, throat, head or chest



- ◆ Has thrown up in the past 12 hours
- ◆ Has had diarrhea two or more times in the past 24 hours

**Check with your child's school for their stay home policy.**



For more information visit: [www.nj.gov/flu](http://www.nj.gov/flu)