



Caught Red-Handed

Purpose:

To demonstrate effective hand hygiene and safe removal (doffing) of gloves per the facility's hand hygiene policy and procedure. Hand hygiene procedures include the use of alcohol-based hand rubs (60%-95% alcohol) and hand washing with soap and water¹.

Supplies:

- One or two bottles of washable poster paint (bright red works well against blue gloves)
- Examination gloves (assorted sizes)



Directions:

1. Have everyone put on (don) gloves, then squirt about 5 mL of poster paint into each person's hand.
2. Have them close their eyes and rub their gloved hands with the paint as if they were washing their hands at the sink.
3. Ask the group to open their eyes and inspect their gloved hands. Have they missed any spots? Highlight the commonly missed areas including the fingertips, thumbs, and between the fingers.[^]
4. Next, demonstrate how to remove (doff) gloves safely. Refer to CDC *Personal Protection Equipment Sequence* poster at www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf. Have them demonstrate how to remove the gloves (doffing) without contaminating their hands with the paint. Did anyone get "caught red-handed"?
5. Lastly, remind everyone that wearing gloves is NOT a substitute for cleaning their hands! Hand hygiene must be performed after the removal of gloves (doffing). Provide staff with alcohol-based hand sanitizer in the palm of their hand and demonstrate how to apply it to all surfaces until both hands are dry. For additional references, refer to CDC *Clean Hands Count for Healthcare Providers* at www.cdc.gov/handhygiene/providers/index.html.¹

Teachable moment: Gloves don't provide 100% protection against germs. Performing hand hygiene after the removal of gloves is important![^]

[^]CDC *Clean Hands Count* infographic: www.cdc.gov/handhygiene/pdfs/provider-infographic-508.pdf.

For more information, contact the **New Jersey Department of Health, Infection Control Assessment and Response Unit** at (609) 826-5964 or CDS.ICAR@doh.nj.gov. Find more great resources and information at www.picnet.ca/resources/activities/.