

HOW CAN I AFFORD THE VACCINE?

Most insurance companies will cover the cost of vaccines. If you don't have health insurance, visit [healthcare.gov](https://www.healthcare.gov). You can also check with your college health center, local health department, or federally qualified health center to see if free or low-cost vaccines are available.

HOW CAN I KEEP TRACK OF MY VACCINES?

Ask your health care provider if they participate in the New Jersey Immunization Information System (NJiIS). NJiIS can help you keep a record of all your vaccines, even if you move or switch health care providers.

For more information, scan the QR code below.



RESOURCES

Centers for Disease Control and Prevention (CDC)
[cdc.gov/hpv](https://www.cdc.gov/hpv)

New Jersey Department of Health Vaccine Preventable Disease Program
nj.gov/health/cd/topics/hpv.shtml

Find Your Local Health Department
[localhealth.nj.gov](https://www.localhealth.nj.gov)

Federally Qualified Health Centers
nj.gov/health/fhs/primarycare/fqhc

IT'S NOT TOO LATE TO VACCINATE!



Created September 2023

HUMAN PAPILOMAVIRUS (HPV) VACCINE for adults



LEARN THE FACTS ABOUT CANCER PREVENTION

WHAT IS HPV?

Human papillomavirus (HPV) is a group of common viruses that can be spread by skin-to-skin contact during any type of sexual activity with an infected person, even when no symptoms are present.

WHAT HAPPENS IF YOU GET HPV?

Most people will not show any symptoms of HPV but can still spread the infection to others.

For others, HPV can cause cancers in certain parts of the body:

-cervix -vagina -mouth/throat
-vulva -penis -anus

Different types of HPV can cause genital warts.

HOW CAN HPV BE PREVENTED?

HPV vaccine can help prevent more than 90% of cancers caused by HPV from ever developing. HPV vaccination is recommended through age 26 years for everyone who is not fully vaccinated.

Adults 27 through 45 years old should discuss the benefits of HPV vaccination with their health care provider.

DID YOU KNOW?

- ✔ You can get HPV, even if you have had one sexual partner.
- ✔ Condoms and dental dams can lower your chances but won't eliminate your risk of getting HPV.
- ✔ HPV can infect anyone regardless of sex assigned at birth, gender identity, or sexual orientation.



WILL THE HPV VACCINE PROTECT ME AS A SEXUALLY ACTIVE ADULT?

Yes! Getting the HPV vaccine later in life won't cure HPV for someone who already has it. But if you have one strain of the virus, getting vaccinated will protect against other strains.

IS THE HPV VACCINE SAFE?



Yes! Over 15 years of research have continued to show that HPV vaccination is safe.

Side effects are usually mild and may include soreness/redness where the shot was given, fever, nausea, and fainting.



85% of people will get an HPV infection in their lifetime.