

# HPV Vaccination is Cancer Prevention

- ▶ HPV (Human Papillomavirus) is a group of common viruses that can be spread by intimate skin-to-skin contact during sexual activity with an infected person.
- ▶ HPV can lead to cancer of the cervix, vulva, vagina, penis, mouth/throat, and anus.
- ▶ HPV vaccination is safe and effective.

**85% of people will get an HPV infection in their lifetime regardless of sex assigned at birth, gender identity, or sexual orientation.**



▶ **HPV vaccination can help prevent more than 90% of cancers caused by HPV. The vaccine is recommended through age 26 years for everyone who is not fully vaccinated.\***



- ▶ **You can get HPV even if you only have one sexual partner.**
- ▶ **Even if you've already contracted one strain of the virus, vaccination will help protect against the other strains.**
- ▶ **Condoms and dental dams can help lower, but will not eliminate, the risk of spreading HPV.**

Most insurance companies will cover the cost of vaccines.  
If you are not insured, check to see if you qualify for free or low-cost vaccines.

\*People 27 through 45 years should discuss the benefits of vaccination with their doctor.

Created 7/2023

**Learn more:**

[cdc.gov/hpv](https://cdc.gov/hpv)

[nj.gov/health/cd/topics/hpv.shtml](https://nj.gov/health/cd/topics/hpv.shtml)

