

NEW JERSEY VETERANS MEMORIAL HOME AT MENLO PARK Cycle 4

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|--|---|
| 5/19/2024 | 5/20/2024 | 5/21/2024 | 5/22/2024 | 5/23/2024 | 5/24/2024 | 5/25/2024 |
| Assorted Juice Cheerios Cream Rice Prunes French Toast Butter/Syrup Coffee/Tea/Milk | Assorted Juice Corn Flakes Oatmeal Fried Egg Bacon Toast/ Butter Coffee/Tea/Milk | Assorted Juice Raisin Bran Farina Boiled Egg Bagel Cream Cheese/Jelly Coffee/Tea/Milk | Assorted Juice Rice Krispies Banana Grits Scr Egg, Sausage and Cheese On Bun Coffee/Tea/Milk | Assorted Juice Cheerios Farina Pancakes Blueberry Topping Butter/Syrup Coffee/Tea/Milk | Assorted Juice Special K Oatmeal Scrambled Eggs & Cheese Hash Brown Mini Muffins Coffee/Tea/Milk | Assorted Juice Bran Flakes /Grits Banana Boiled Egg Corned Beef Hash Raisin Bread/Butter Coffee/Tea/Milk |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Roast Pork Loin Red Beans and Rice Carrots Lemon Meringue pies Coffee/Tea/Milk | Fried Chicken Baked Potato Collard Greens Rice Pudding Coffee/Tea/Milk | Spaghetti & Meatballs Marinara Caesar Salad Garlic Bread Fresh Melon Coffee/Tea/Milk | Chicken Cordon Bleu Baked Sweet Potato Sautéed Zuch & Squash Dinner Roll Tiramisu Coffee/Tea/Milk | Pork Chop Mushroom Gravy Spinach Buttered Egg Noodle Watermelon Coffee/Tea/Milk | Seafood Combo Platter Cocktail Tartar Sauce French Fries Cole Slaw Lemon Pudding Coffee/Tea/Milk | Meatloaf with Gravy Brussel Sprouts Au Gratin Potato Strawberry Applesauce Coffee/Tea/Milk |
| Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute |
| Grill Cheese/ tomato Carrots | Sole Stuffed Scallop/ Crab Collard Greens Baked Potato | Shrimp and Cheese Grits Broccoli | Eggplant Parmesan & Dinner Roll | Chicken Fingers/HM/BBQ French Fries/Spinach | Pizza Plain/Sausage Vegetable Medley | Grilled Salmon Fillet/Herb Au gratin Potato/ Sprouts |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Tomato soup Roasted Chicken 1/4 Parmesan Garlic Orzo Peas Mixed Fruit Coffee/Tea/Milk | Beef Barley Soup Coconut Crusted Tilapia Rice Pilaf Green Beans Apple Pie Coffee/Tea/Milk | Chicken Noodle Stuffed Peppers Cauliflower Au Gratin Fruit Cocktail Coffee/Tea/Milk | Minestrone Roasted Turkey Stuffing / Cranberry Sauce Italian Green Beans Pumpkin Pie Coffee/Tea/Milk | Chick Pea Veg Soup Grilled Asian Chicken Sand. Lettuce/Tom/ Onion Red & Green Grape Coffee/Tea/Milk | Spinach Lentil Soup Stuffed Shells/Sauce Broccoli Jell-O w/whip cream Coffee/Tea/Milk | Tortellini in Broth Italian Hoagie/Oil/Vinegar Lettuce/Tomato/ Onion Potato Chips Brownie Coffee/Tea/Milk |
| Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute |
| Manicotti w/ Meatballs Marinara Sauce Tossed Salad | Turkey Club Pickles | Pork Roll Sandwich French Fries | Cottage Cheese/Fruit Wheat Bread | Grilled Ham & Cheese Italian Green Beans | Seafood Salad Sand Kaiser Roll/ Let/ Tom | French Toast Bacon |
| Sandwich of the Day Salami & Cheese | Sandwich of the Day Chicken Salad | Sandwich of the Day Liverwurst & Onion | Sandwich of the Day Tuna Salad | Sandwich of the Day Roastbeef & Swiss | Sandwich of the Day Roasted Turkey & Cheese | Sandwich of the Day Egg Salad |

We offer the Sandwich of the Day, Ham and Cheese Sandwich, Tuna Fish Sandwich, Pizza, Hot Dogs, Grilled Cheese, Peanut Butter and Jelly Sandwich, Cream Cheese and Jelly Sandwich, Cheese Sandwich, or a Hamburger as an alternative item for Lunch and Dinner, instead of the Main Meal or Substitute

Menu Planning Meeting First Wednesday of the month in Water Edge Dining Room 1:30pm

NEW JERSEY VETERANS MEMORIAL HOME MENLO PARK CYCLE 1

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|--|--|
| 5/26/2024 | 5/27/2024 | 5/28/2024 | 5/29/2024 | 5/30/2024 | 5/31/2024 | 6/1/2024 |
| Assorted Juice Rice Krispies or Farina Pancakes/Butter Fruit Topping Banana Coffee/Tea/Milk | Assorted Juice Special K or Oatmeal Scrambled Egg Ham and Cheese on a on a Bun Stewed Prunes Coffee/Tea/Milk | Assorted Juice Raisin Bran or Grits Scrambled Eggs Hash Browns Banana Coffee/Tea/Milk | Apple Juice Cheerios or Farina French Toast Sausage Butter/Syrup Coffee/Tea/Milk | Assorted Juice Corn Flakes or Oatmeal Fried Egg/Bacon Bagel/Cream Chz/Jelly Banana Coffee/Tea/Milk | Assorted Juice Assorted Cereals or Grits 3-Cheese Omelets Toast/Butter/Jelly Coffee/Tea/Milk | Assorted Juice Bran Flakes or Farina Boiled Egg Fresh Corn Bread Butter Coffee/Tea/Milk |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Sliced Italian Sausage Over Tri-Color Pasta Garlic Bread Roll Garden Salad Pears Coffee/Tea/Milk | Cheeseburg/Hot Dogs Lettuce/Tom/On Baked Beans Cole Slaw Italian Ice Coffee/Tea/Milk | Salisbury Steak Mashed Potato/ Gravy Carrots Assorted Pie Coffee/Tea/Milk | Chicken Parmesan Over Spaghetti/Marinara Tomato & Cucumber Salad Dinner Roll /Butter Peaches Coffee/Tea/Milk | Turkey A La King Over Egg Noodles V-8 Juice Brownie Coffee/Tea/Milk | Fish and Chip Platter Malt Vinegar/ketchup Lemon Coleslaw Sherbet Coffee/Tea/Milk | Baked Ziti w/Meat Sauce Caesar Salad Garlic Bread Dinner Roll Assorted Fruit Coffee/Tea/Milk |
| Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute |
| Pierogies & Onions Red Cabbage/Garden | Chicken Fingers Baked Beans/Cole Slaw | Broccoli Cheddar Quiche Carrots | Lemon Pepper Sole Mashed Pot/Broccoli | Grilled Chicken Quesadilla Beans/ Salsa/ SC | Hot Pastrami Sand w/Swiss Fries/Coleslaw | BBQ Ribs/Steak Fries Caesar Salad |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Cream of Mushroom Chicken Filet Sandwich Lett/Tom/On 3 Bean Salad Frozen Yogurt Coffee/Tea/Milk | Turkey Rice Herb Crusted Cod fish Baked Sweet Potato Fresh Zucchini & Squash Fruit Cocktail Coffee/Tea/Milk | Corn Chowder BBQ Chicken Sandwich Lettuce/Tom/On Coleslaw Pineapple Chunks Coffee/Tea/Milk | Split Pea Pepper Steak Steamed White Rice Red and Green Grapes Coffee/Tea/Milk | Chicken Noodle Soup 2 Hot Dogs On Bun W Kraut BBQ Baked Bean Ketchup/ Must Carrot/Raisin Salad Fresh Fruit Soda/Coffee/Tea/Mil k | Beef Barley soup Stuffed Cabbage Tomato Sauce Fresh Mashed Pot Fruit Cocktail Coffee/Tea/Milk | Minestrone Herd Roasted Chicken Mixed Vegetables Rice &Red Beans Assort Danish Coffee/Tea/Milk |
| Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute |
| Lasagna 3 Bean Salad | Philly Cheesesteak Sand w/Onions Peppers | Cottage Cheese & Fruit Wheat Bread/butter | Oriental Chicken Salad Dinner Roll /Butter | Grilled Cheese w/Tomato W/BBQ Baked Beans | Garden Burger w/Cheese L/T/O Steak Fries | Sloppy Joe on Bun Mixed Veg and Mashed |
| Sandwich of the Day | Sandwich of the Day | Sandwich of the Day | Sandwich of the Day | Sandwich of the Day | Sandwich of the Day | Sandwich of the Day |
| Liverwurst & Onion | Roast Beef & Swiss | Egg Salad | Turkey & Cheese | Tuna Fish Salad | Chicken Salad | Shrimp Seafood Salad |

We offer the Sandwich of the Day, Ham and Cheese Sandwich, Tuna Fish Sandwich, Pizza, Hot Dogs, Grilled Cheese, Peanut Butter and Jelly Sandwich, Cream Cheese and Jelly Sandwich, Cheese Sandwich, or a Hamburger as an alternative item for Lunch and Dinner, instead of the Main Meal or Substitute

Menu Planning Meeting First Wednesday of the month in Water Edge Dining Room 1:30pm

NEW JERSEY VETERANS MEMORIAL HOME AT MENLO PARK CYCLE 2

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|---|--|
| 6/2/2024 | 6/3/2024 | 6/4/2024 | 6/5/2024 | 6/6/2024 | 6/7/2024 | 6/8/2024 |
| Assorted Juice Rice Krispies, or Oatmeal Fried Egg, Pork Roll On Bun Ketchup/Butter Coffee/Tea/Milk | Assorted Juice Special K, or Banana / Grits Scrambled Eggs/Bacon w/toast/butter Coffee/Tea/Milk | Assorted Juice Assorted Cereal Oatmeal Plain Mini Bagel Boiled Egg Butter/Cream/Jelly Coffee/Tea/Milk | Assorted Juice Raisin Bran, or Banana/Farina French Toast Sausage Links Butter/Syrup Coffee/Tea/Milk | Assorted Juice Corn Flakes, or Grits Western Omelet Toast/Butter Coffee/Tea/Milk | Assorted Juice Bran Flakes or Oatmeal Scrambled Eggs & Cheese On Bun Stew Prunes Ketchup/Butter Coffee/Tea/Milk | Assorted Juice Cheerios or Farina Pancakes w/Blueberry Topping Butter/Syrup Coffee/Tea/Milk |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Yankee Pot Roast w/gravy Red Bliss Potatoes Carrots Red & Green Grapes Coffee/Tea/Milk | Cheese Burger Sweet Potato Fries Lettuce / Tomato / Onion Cole Slaw Ice Cream Soda/Coffee/Tea/ Milk | Coconut Crusted Tilapia Rice Pilaf Yellow & Green Squash Tartar Sauce/ Lemon Fruit Cocktail Coffee/Tea/Milk | Chicken Cordon Bleu Baked Potato/ Sour Cream Collard Greens Sweet Potato Pie Coffee/Tea/Milk | Tortellini in a Tomato Cream Sauce Cucumber Tomato Salad Tapioca Pudding Coffee/Tea/Milk | Seafood Combo Corn on Cob Cocktail Sauce/Tart Sauce Diced Beets and Onions Pears Coffee/Tea/Milk | Herb Roasted Pork Loin w/gravy Fresh Mashed Pot Brussel Sprouts Mixed Fruit Coffee/Tea/Milk |
| Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute | Lunch Substitute |
| Salmon Burger L/T/O Fries | Pork Chop Suey Vegetable Egg Roll | Reuben Sandwich French Fries | BBQ Ribs Collard Greens & Baked Potato | French Dip Cucumber Salad & Fries | Chicken & Dumplings Corn Muffin & Beet Salad | Baked Turkey Melt Mashed Pot |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Beef Barley Soup Manicotti with Marinara Sauce Broccoli Butter Scotch Pudding Coffee/Tea/Milk | Broccoli Cheese Soup Crab Cake/Tartar Scalloped Potatoes Peas & Carrots Melon Coffee/Tea/Milk | Chicken and Rice Soup Meat Loaf w/ Gravy Fresh Mashed Potato Green Beans Blueberry Cake Coffee/Tea/Milk | Vegetable Soup Green Stuffed Peppers Corn Dinner Roll/Butter Peaches Coffee/Tea/Milk | Lentil Soup Veal Cutlet Sub Broccoli Fresh Fruit Coffee/Tea/Milk | White Bean/Escarole Kielbasa/Kraut Boiled Red Potatoes Applesauce/ Cinna Coffee/Tea/Milk | Turkey Noodle Soup Deli Platter Sand on Kaiser Roll Macaroni Salad L / T / O Mayo & Mustard Brownie Coffee/Tea/Milk |
| Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute | Dinner Substitute |
| Tuna Salad Platter | Cottage Cheese & Fruit | BLT Sand /Toast/Mayo | Chicken Tenders | Chicken Caesar Salad | Chef Salad | Meatball Sub |
| L / T / O Crackers | Wheat Bread | Cole Slaw | Steak Fries/HM/BBQ | Wheat Roll | Rye Bread, Butter | Macaroni Salad & Fries |
| Sandwich of the Day | Sandwich of the Day | Sandwich of the Day | Sandwich of the Day | Sandwich of the Day | Sandwich of the Day | Sandwich of the Day |
| Chicken Salad | Bologna& American | Egg Salad | Liverwurst & Onion | Tuna Fish Salad | Roast Beef & Swiss | Turkey & Cheese |

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